



Congregación Mariana Trinitaria, a dream based on work and love that may change realities

SUMMARY

Congregación Mariana Trinitaria celebrates a quarter of a century promoting healthcare through an integral perspective, just like it has been done since day 1, so as to include all the people willing to make a change in their lives. After changing realities for 25 years, CMT is ready to continue developing integral benefits and allowing people to have a dignified life.



OAXACA, OAX., FEBRUARY 2022.

Last February 18, Congregación Mariana Trinitaria commemorated a quarter of a century working for the integral welfare of Mexican families and also for families in the 17 countries this non-profit organization has presence in.

The main starting point of this organization, which is managed and operated by professional men and women who are also aware of the large inequality gap that deeply hurts our world; had its origin in the concept of the family. This allows building bridges to collaborate, and to understand the needs that each one of the millions of beneficiaries have.



Healthcare as the main focus.

When everything started in 1995, a group of volunteers headed by Dr. h.c. Catalina Mendoza Arredondo had clearly understood that healthcare does not need medication only, as there is an integral per-

spective we need to consider to implement global models aimed at satisfying different needs.

In addition, as CMT is immersed in such a rich and millenary culture like the one we can find in Oaxaca, it is normal that the pillars on it will consider the local practices. Unfortunately, on a global practice, some of those get lost along the way such as teamwork and co-responsibility, which is known by local people in Oaxaca like "Tequio".

This way, by having healthcare as the main focus it is possible to satisfy other parallel needs, but paying special attention has a deep impact on integral welfare. So, encouraging models based on co-responsibility, teamwork, and collaboration among the different areas in the society, contributed to achieve the dream our founder had, our beloved founder Dr. Catalina Mendoza Arredondo.



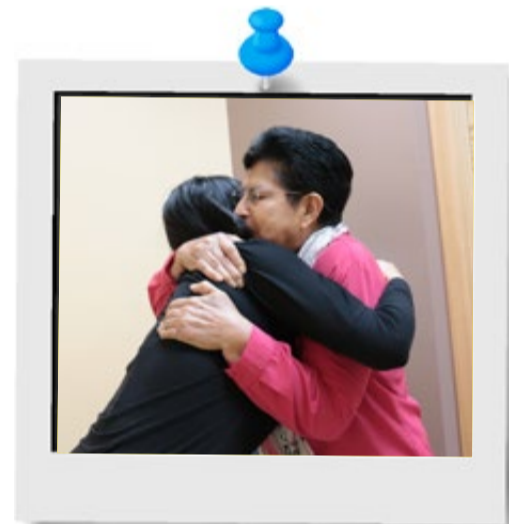
After 25 years changing realities, the dream that Dr. h.c. Catalina Mendoza Arredondo had, is still the impulse millions of people need in order to have a dignified life.

Love and work, the magical formula to get welfare

It is true, although magical formulas or complete solutions do not exist in the language used for public policy, love and hard work are the pillars to promote welfare. After a long time analyzing that, we noticed that it was urgent to compile a systematized and professional compendium using high quality-standards in order to have an efficient impact on the life of people who need assistance.

Therefore, after putting love and hard work together the CMT Welfare Ecosystem Model was born. In this model we are able to observe how deeply Dr. Catalina was concerned about her patients' healthcare. Also, we can notice a complete set of well-thought actions, which are implemented through multiple ways that take people as close as possible to a welfare state. The final objective

is to ensure a dignified life for all the people, providing high-quality services, and encouraging active participation of the society.



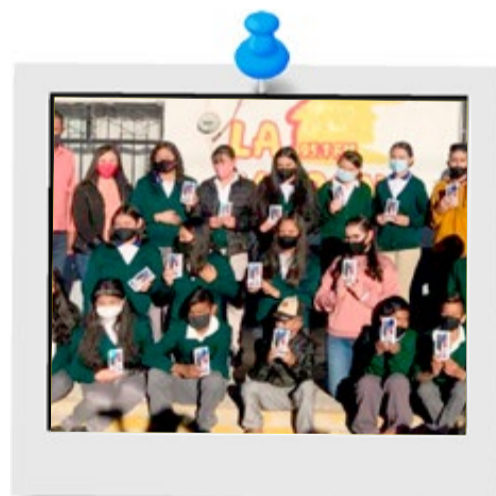
A transversal approach became a reality

The progress and development CMT made contributed to change the lives of several people through integral solutions based on a perspective able to take care of different areas like healthcare, productiv-

ity, encouragement of education, and providing enough tools that may contribute to have a dignified life; just to mention some of the tangible results of it.

Nowadays and during all the time we have been in the sanitary contingency caused by the COVID-19 pandemic, we face a scenario where it seems that everything plays against societies, but we have the chance of making deep changes to improve both, our present and our future.

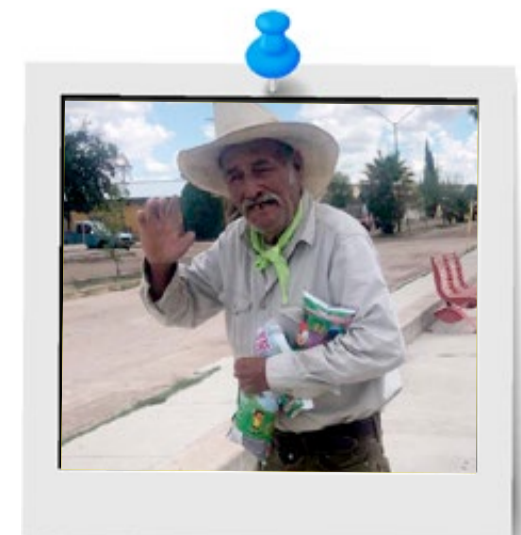
25 years later, CMT still keeps the original goal it was given in 1997, so it is ready to foster collaborations with all the people willing to make a change in our current contexts in order to promote social and collective development.



After 25 years we have to keep on going, but thanking is important too.

After 25 years we had experiences, stories, tears, and smiles as part of the background of an organization that becomes more solid every day and it is not decided to slow down. Today we have to thank all the people who directly or indirectly collaborated with us since they helped to spread the message of love our beloved CMT founder left in order to make it shine the way it still does.

Today more than ever, and after 25 years of experiences, we want to thank you for helping us to change realities for all the people.



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