

Inequality and violence are suffered by women in Mexico

On March 08 we commemorate the International Women's Day, however, their situation in Mexico needs to be improved as they are victims of violence and inequality

Inequality experienced by women in Mexico is evident just by taking a look at the positions in the government, where you can see that the high positions are taken by men and women lack opportunities in those areas. CMT through its Welfare Ecosystem develops programs and social projects to promote their inclusion.



Women in Mexico are excluded from executive positions in bureaucracy, while many others are victims of violence, inequality, and poverty; as revealed by the United Nations (UN) in its Annual Results Report 2019.

On Monday 08 we commemorate the International Women's Day, which was made official by the UN in 1975. The objective of it is to avoid discrimination against women, an issue that is not a fact in Mexico yet.

In that report, the UN gives details about the participation of women in Mexico in the areas related to politics, and it is mentioned that this country is in the fifth position in the World Ranking of Women in Parliament as they have 48.2 percent in the Deputies Chamber and 49.2 percent in the Senate.

It is also mentioned that it is the first time in the History of Mexico that the Ministry of Interior is a woman, but in the whole country only 2 out of 32 states are governed by a woman.

Violence against women



- **43.1 percent of Mexican women** suffered from humiliations, scorns, isolation, destruction of their property, stalking, threats from their partners about leaving, being thrown out of their houses, being separated from their children, threats using a weapon, or being threatened with murder or suicide.

- **24.5 percent received complaints by their couples** about the way they spend the money, they were not allowed to work or study, and their assets and money were sometimes stolen.

- **20 percent declared** that they suffered discrimination at least once over the last twelve months.

- **25 percent of girls suffered from a sexual abuse** before turning 18 years old, and 60 percent of those crimes were committed at their homes by a relative or a person that was known by the family.

Opportunities are not the same

Women represent 37 percent of the presidential cabinet, there are 19 Secretariats of State, but only seven are directed by women



Women represent 27.2 percent in the Supreme Court; 28.6 percent in the Supreme Electoral Court, and 28.6 percent in the Judiciary Council



In the municipalities, only 22.7 percent of them are governed by women



In the local judiciaries in the states, women represent 31.1 percent of the Supreme Court of Justice, and 27.9 percent of the Higher Judiciary Council



Haunted by violence

Mexico is still one of the countries where women suffer the most due to violence. In its report, the international organization explains that 66 percent of women over 15 years old, has suffered at least one incident related to emotional, economic, physical, sexual violence or discrimination in their lives.

Moreover, we can count 11 sexual crimes against women compared to only one against men, the UN mentions that violence against women in public areas is mainly sexual violence (66.8 percent). Additionally, 43.9 percent of women in Mexico have suffered from violence committed by their current or previous couple.

“Women are capable of changing and transforming the world”.

Dra. H.C. Catalina Mendoza Arredondo.
Founder of Congregación Mariana Trinitaria.

The UN explains that in 2019, the public budget addressed to fight inequality between women and men was 66 thousand 220.2 million pesos, while in 2020 103.5 thousand million pesos were addressed to that, which represents an increase of 60 percent if we compare it with 2019. However, 71 percent of those public resources that were originally addressed to guarantee equality between men and women, were used in seven social programs developed by the government that are not exactly focused on women.

A huge gap in the labor areas

In Mexico, the labor opportunities between men and women have a huge gap, as only 45 percent of women in working age participate in the labor market, compared to 77 percent of men, which implies one of the lowest numbers between the countries that are members of the OCDE.

The UN highlights that there are 4.7 million people over 15 who are illiterate, and 61 percent of them are women, while the executive councils in charge of the stock market are 7.5 percent of women and 92.5 percent of men.

Violence in numbers



- Every day **10 women are killed in Mexico** under circumstances classified as homicide.

- **47 percent of women** over 15 years old had an incident of violence with their current or last relationship.

- **7.3 percent of women** who took the survey mentioned that they were forced to have a sexual encounter or to do things they did not feel comfortable doing.

CMT and women

Congregación Mariana Trinitaria A.C. (CMT) was founded by a woman, Dr. Honoris causa Catalina Mendoza Arredondo, and the current President of the Administration Board is Érika Leyva Mendoza so, it is a Civil Association that is committed to the development and professional growth of women. More to the point, it is important to mention that between the workers and the committees of volunteers, more than 65 percent are women, and almost half of them are in positions related to leadership and making important decisions.

Through its Welfare Ecosystem, CMT promotes projects and programs to allow people in vulnerable conditions to have a decent life. The role of women is fundamental, as many times they are the ones in charge of the different paperwork to have access to the support provided by CMT. In addition, many of the programs are designed for women with socio economic lacks so that they could manage this situation, but also, they might be empowered and considered as remarkable people in their communities and hometowns.

In the network on Productive and Financial Exclusion, CMT is aware that the gender gaps are a fundamental issue that stops the economic growth and productive development in the country, so it aims to provide more opportunities to have access to financial and productive mechanisms, especially the ones related to infrastructure, supplies, and equipment. Besides, the training and technical assistance in productive and financial issues was specially designed for people in vulnerable situations.

Through its network about Human Security and Education, CMT also develops programs to eradicate gender-based violence, and actions to combat discrimination against women are also promoted.