

The world and Mexico in the face of COVID-19

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The COVID-19 pandemic does not cede since more than 100 million cases have been confirmed, and two million deaths are the evidence that confirms that the disease will be among us for a long time. Congregación Mariana Trinitaria (CMT) encourages the citizens to follow the sanitation guidelines and social distancing in order to avoid infections in our families.

It has been more than a year since the world heard about the COVID-19 virus, and during this time, we have had more than 100 million confirmed cases and more than two million deaths. It seems that this disease is not over yet, as day after day cases increase, while new mutations of this virus are being found.

It has been a year and the pandemic does not cede at all, conversely, it keeps dominating on millions of people. Day after day we unfortunately receive news from a relative, a friend, or somebody we know who is going through this disease. The future is uncertain, and the only thing left for us is to keep sanitation measures and social distancing, while we wait for the vaccines to be available for the whole population.



- On December 31, 2019; the World Health Organization (WHO) received reports about the presence of pneumonia of unknown origin in the city of Wuhan, in China.
- At the beginning of January, the authorities in that country identified the cause as a new strain of coronavirus.
- By the time that happened, the disease had already spread to other continents like Asia, Europe, and America.

The number of two million deceased people sounds alarming; however, the experts mention that the real number will probably be much higher because in the reports only confirmed COVID-19 deaths were included, that is to say, people who died without a diagnosis were not included. Considering the world population is 7 thousand 670 million people, it is estimated that in the final counting of global cases, approximately one out of 76 people has had the virus.

According to the University Johns Hopkins, the United States of America is the country with the highest number of deaths, after it we find Brazil, India, Mexico, and the United Kingdom.

In Mexico about a month ago, the national vaccination plan started, and by January 25, 8 thousand 279 Pfizer-BioNtech vaccines had been administered. Thus, a total amount of 642 thousand 105 doses were administered since the plan started: 613 thousand 690 as a first dose, and 28 thousand 715 as a second dose.

Until January 26, the numbers in Mexico are



152 thousand 016 deaths



1 million 788 thousand 905 cases



1 million 788 thousand 905 cumulative cases

Based on data from the National Institute of Statistics and Geography (INEGI), from January to August 2021, the COVID-19 was the second cause of death in Mexico. The numbers are increasing so it is expected that in the following months we will face the harsh reality that we live in the country.

Stages of the national vaccination plan



December 2020 to February 2021

Application of vaccines to the health workers in the front line against COVID-19.

February to April 2021

Application of vaccines to the rest of the health staff and start the vaccination plan for people over 60 years old.

Stages of the national vaccination plan



April to May 2021

Application of vaccines to people between 50 to 59 years old.

May to June 2021

Application of vaccines to people from 40 to 49 years old.

June 2021 to March 2022

Application of vaccines to the rest of the population.

What is coming for the world and humanity? The future is quite uncertain so, as aforementioned, the only thing left is to keep the sanitation measures and social distancing, otherwise, the most affected ones will be ourselves and the ones we love.

The main symptoms of coronavirus are

- Respiratory complaints (similar to the flu)
- Fever
- Dry cough
- Shortness of breath and fatigue
- Difficulty to breath
- In severe cases, the virus may cause pneumonia, severe acute respiratory syndrome, renal insufficiency, or even death.



CMT in the face of COVID-19

In order to face this contingency, Congregación Mariana Trinitaria (CMT) reaffirms its commitment to keep on working for the more vulnerable people and low-income families. This way, CMT will continue offering its help and services to the population so, we encourage the citizens to contact the areas that may help, which were installed in the local government offices, municipalities, secretariats, and civil society organizations.

CMT actions during the pandemic



- Supply networks and guarantee its distribution
- Reactivation of community economy
- Savings and financial inclusion for productive purposes

- "Zero interest" financing for micro productive sectors in the field and cities
- Financing to develop basic infrastructure in municipalities

- Platforms for distance education and health
- Professional and responsible spread of information about COVID-19 and the suitable ways to prevent more infections

In a professional way, Congregación Mariana Trinitaria encourages the good practices implemented by authorities and civil society so as to join wills to assist the most vulnerable groups who suffer in the midst of this sanitary contingency. Today more than ever before, they need everybody's participation.

