

CMT has supported thousands of families through its Welfare Ecosystem Model

Food, decent housing, and education are some of the determinant factors to have a better quality of life. Thanks to constant efforts made in Congregación Mariana Trinitaria (CMT), this civil society has assisted on such important issues through different kinds of social programs

Congregación Mariana Trinitaria was founded by Dr. Honoris causa Catalina Mendoza with the objective of improving the health conditions of people in vulnerable situations. That is related to other factors like having a balanced diet, a house, access to education and basic services; among many other aspects that contribute to human development. As a non-profit organization, CMT has helped thousands of families all over the country for 24 years through different programs, which are a result of the Welfare Ecosystem Model. Every day hundreds of actions and assistance are promoted to help poor people. Being healthy is the result of having access to a balanced diet, living in a decent house, access to education and basic services; just to mention a few examples.

In Mexico, the families that get benefits from the programs belong to vulnerable sectors so they lack food, a decent house, access to education, supplies to successfully perform their activities in the field; among many others.

For example, through the Network of Food, CMT particularly benefited thousands of children by delivering millions of liters of high-quality milk and milk formula. All that, with the objective of allowing children to have access to that specific meal, which is really important during their first five years of life. Mexican mothers who are unable to breastfeed their babies for specific reasons, were provided with thousands of containers of milk formula.

Among the most recent success stories at CMT related to milk deliveries, we can mention the one that took place in Tabasco. In the municipality located in the center of the state (Villahermosa), more than 3 million liters of liquid milk were delivered in less than three years to benefit children, mothers, and their families.

We can mention that children and teenagers living in rural areas in Mexico are more vulnerable to malnutrition. Additionally, people in rural and low-income areas tend to suffer also from child malnutrition, as reported by the United Nations Children's Fund.

More support provided by CMT

Food is an indispensable factor to be healthy, however, some other living conditions also affect, like having a decent house or the right of having access to basic services.



SUMMARY

The delivery of millions of liters of milk, millions of water containers, thousands of supplies to build roofs, thousands of solar heaters to improve housing and protect the environment, and thousands of improved or expanded houses; are just the top of the iceberg of the different programs and subsidies that CMT and its partners have used to help unfavored families and communities. Moreover, a special emphasis has been placed on thousands of mothers who are not able to feed their babies through the development of food programs that contribute to the progress of early childhood

As an example of the previous data, Congregación Mariana Trinitaria through the Network of Water, benefited thousands of Mexican families by delivering water containers, water collectors, and biodigesters. The objective was to provide people with the supplies they needed to store water during rainy seasons, and also to have resources to clean the areas they live in.

CMT successful case



Thousands of Mexican families got benefits from the programs in the different networks part of the CMT Welfare Ecosystem Model.

CMT successful case



Tepango, Puebla. In this place there were thousands of beneficiaries through the different subsidies due to the participation of the local government and civil societies in the area.

In the Network of Energy and Environment, CMT promoted the use of ecotechnologies in thousands of houses where low-income families live. They were given solar heaters so, many of the families living in rural areas could have hot water at home for the very first time.

The CMT Welfare Ecosystem also develops the Network of Housing to collaborate with partners to promote actions to improve the living conditions of families who need help all over the country, like our recent success story that took place in Tepango, Puebla. In this place there were thousands of beneficiaries through the different subsidies due to the participation of the local government and civil societies in the area.

Janet Díaz Zaragoza, a beneficiary in Tepango mentioned: "Before, my house was built with cardboard that deteriorated due to rains. Nowadays, I received metal sheets and they are definitely a big help".

Thanks to actions like the ones mentioned before, CMT will continue working hard so that more people get benefits and they could improve their living conditions, specifically those without enough resources who currently live in conditions of poverty.