

Congregación Mariana Trinitaria means family

The objective of Congregación Mariana Trinitaria is to be resilient, so that solutions to social shortcomings will continue to be offered to the population, as mentioned by Érika Leyva, President of the CMT Management Board

During an interview to commemorate the 24th anniversary of Congregación Mariana Trinitaria, the President of the Management Board of this association makes a summary of it, and she also remembers some of the words that were really important for her, which were directly mentioned by the founder, Doctor h.c. Catalina Mendoza Arredondo.

For Érika Leyva Mendoza, President of the Management Board in Congregación Mariana Trinitaria A.C. (CMT), this nonprofit civil organization means “Family and initiative, it is a school of life”.

CMT commemorated its 24th anniversary last February 18, and its President mentioned that integral health is the main focus of it, and in different ways it changes lives, and it also teaches how to live in a decent way through the management of integral solutions that follow co-responsible and collaborative methods.

“Our biggest challenge is to be resilient, so that we may continue offering concrete and immediate solutions that contribute to the solution of social shortcomings, like the lack of access to healthy food, education, housing, security, among others. All that needs to be framed in a context of warmth and quality, just like recommended by our founder, Dr. h.c. Catalina Mendoza Arredondo, in the different principles and fundamental issues of our institution” expressed Leyva Mendoza.

“Thank you for these 24 years, which may be mentioned easily, but they mean many sacrifices, smiles, and many histories that got together all over these years; and now they contribute to the growth of the CMT family day after day. Let us commemorate 30, 40 or 100 years more; all the ones that God and the society wanted to celebrate with us”.

Érika Leyva Mendoza.
President of the Management Board in Congregación Mariana Trinitaria.

CMT was conceived as a dream of love

The founder conceived CMT as a dream of love, that is what the current president remembers, because the founder was her teacher and mother. She was raised in a culture of hard work and effort, and she had to go through different needs in order to create what Congregación Mariana Trinitaria currently is.

Catalina Mendoza was not only concerned about the health of her patients, but she also wanted it to be a whole; that is to say, that every part contributes to a state of welfare that develops a whole ecosystem that helps the beneficiaries to have a high-quality and decent life.

“Mariana Trinitaria has the objective of helping millions of people with complete solutions, programs, and emergent actions; for example: connectivity related to communication, health, education and productivity; which is essential nowadays due to the new normal caused by the COVID-19 sanitary contingency” mentioned the current CMT president.



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The role of CMT in the face of COVID-19 pandemic

During the pandemic, Congregación Mariana Trinitaria plays a decisive role because it provides solutions to the needs of the most vulnerable families, as it does not offer only pre-set solutions. Nowadays, based on the poverty indicators, we can promote different emergent actions that families in Mexico need to face shortcomings in welfare or services. The particular conditions of our country and the world are the things that make us react and solve; expressed Érika Leyva Mendoza, the current CMT President.



Episodes that make a difference

Érika remembers that she started working at CMT when she was 17 years old, in the health department, where she worked for 21 years next to the founder, Catalina Mendoza who invited her to have lunch together on her first day of activities.

“She seriously looked at me and she told me: ‘Remember that here we have a specific time to start our activities, but we do not have a specific time for having lunch or finishing our activities, because the priority and the most important thing is the attention to our patients. In case you do not want to stay here, the door is big enough to come in, but also to leave this place. I need people with passion and commitment to perform their activities and functions’”, she related.

When she listened to those words, she understood that the only thing to do was learning and understanding that the service to people was the most important thing in the area of health, and that even yourself have to move to a second position.

“Now, I was given the chance of taking care of the president’s chair because we all, the whole Congregación Mariana Trinitaria family, know that our founder will be our president forever. This is the moment when we understand that all the positions are not permanent, and that it is our responsibility to leave a mark and build a legacy” she explained.

She is proud to say she had such a big teacher as Doctor Catalina, who taught her that commitment, love, passion, and honesty must be achieved in other people first, and after that you can achieve it for yourself in order to develop your job successfully. That was the thing that impressed her tremendously, so she tries to teach that to her colleagues.

A message of gratitude

In the message given to citizens, beneficiaries, partners and benefactors; she thanked for 24 years of trusting in Congregación Mariana Trinitaria. She thanked all the love sent by the people who knew the founder, as well as the ones who did not, but they all still believe in her. “Thanks for all these years of trust and constant hard work”.

She insisted that we must understand that we should be as one, because by putting together every single piece, we will be able to transform not only the place we live in, but the whole nation. We must understand that the basis of transformation may be found in love, work, and dignity.